

*Indulge*  
YOURSELF



# *Indulge* YOURSELF

BY BECKII ADEL

SHOPPING FOR OURSELVES  
FILLS US WITH DELIGHT  
AND FANTASY WITH GUILT.

THE GIFTS WE PURCHASE  
FOR OURSELVES ON A  
DAILY BASIS INFLUENCE  
OUR SELF-DEFINITION  
& SELF-ESTEEM.

SPENDING TIME WITH AND  
ON OURSELVES WILL RELIEVE  
OUR INNER STRESS AND  
LEAVES US CONFIDENT  
& FEELING ALIVE.



We consider **Jewelry** as  
an extension of ourselves

*The multifaceted colors of **nailpolish**  
exude our every mood & style*



*We make great first impressions  
with the scent of our **perfume***





*Makeup and clothes only  
enhances our true beauty*





GEORGE  
GINA &  
LUCY

We need the right  
**shoes & handbag**  
in order to complete  
the perfect outfit



Our **lingerie** defines  
whether we're sweet  
or sexy – or both



*Cupcakes will always  
put a smile on our face*



*Coffee brings warmth and comfort at any time of the day*



*There's always a reason  
to eat **chocolate***





We can never have enough **beauty products** to keep our skin & body silky soft

HAVING A BAD DAY?  
NEED A PICK-ME-UP?  
WANT TO REWARD YOURSELF  
FOR A JOB WELL-DONE?

BOOST YOUR SELF-ESTEEM  
WITH A THERAPEUTIC GIFT.

*INDULGE YOURSELF* WITH  
THE ITEMS THAT PROVIDE  
YOU WITH PLEASURE  
& MAKE YOU FEEL LUXURIOUS.

THESE ARE THE ITEMS YOU  
NEVER KNEW YOU NEEDED,  
UNTIL NOW...

DID YOU REALIZE THAT  
MATERIAL ITEMS ARE  
NOTHING BUT A METAPHOR?  
WE REALLY DO NOT NEED  
THEM, BUT PURCHASE THEM  
TO TEMPORARILY FILL  
THE EMPTY GAPS WE FIND  
IN OURSELVES.

WE MUST GO BEYOND  
THE PHYSICAL, AND FIND  
THE REAL THINGS  
IN LIFE THAT TRUELY  
MAKE US HAPPY.

***INDULGE YOURSELF***  
**WITH THE THINGS**  
**THAT REALLY MATTER.**



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